

## SAFEGUARDING ONLINE



learn about it  
talk about it  
deal with it

Internet Matters is another great site to use- it has advice on cyberbullying, how to talk to your children about Internet safety and a quick guide to different types of social media such as Instagram and SnapChat. You can visit the website on: <https://www.internetmatters.org/>

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### **Digital Safety**

Digital safety is an integral part of children's education in today's digital world and is embedded in their learning at school. We also want to help our parents and children improve their own understanding of digital safety issues so they can learn to use the Internet and all digital media in a safe and secure way.

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There is a great online tool designed for parents launched by the Department for Education called Parent Info. It has advice on everything from keeping children safe from online trolls to WhatsApp- A Guide for parents. <http://parentinfo.org/>

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### **The Parents' Guide to Teaching your Teen Online Safety**

<https://www.mytutor.co.uk/blog/the-parents-guide-to-teaching-your-teen-online-safety/>

This guide contains plenty of helpful information such as:

- A practical guide for parents on how to keep teens safe online, including useful summaries of popular Internet apps as well as the types of threats teens could be exposed to online.
  - Safety tips for using apps such as Instagram, TikTok (which has gathered 1 billion users in only two years), YouTube, Snapchat, Twitter and Whatsapp. We also cover advice and safety tips for teens playing online multiplayer video games.
  - Other online safety topics and advice such as sharing personal information, socialising online, cyberbullying, harmful content, influencers, body image and mental health for teens online.
  - Links to additional Internet safety resources for parents from well-respected sources such as the NSPCC and the UK government's own guidelines.
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